

# Disability Contacts for the UK



Besides governing bodies of sport, there are many other types of organisation that provide opportunities for disabled people.

Many of the national organisations listed below have branches in each of the four Home Nations. In this list just the Head Office contact details are mentioned. If you require specific contact details for each country, please visit the organisation's website and go to their Contact Details page.

## National Disability Sport Organisations (NDSOs)

### British Amputee & Les Autres Sports (BALASA)

Tel: 0177-371 5984

Email: [balasaoffice@aol.com](mailto:balasaoffice@aol.com)

Web: [www.balasa.org.uk](http://www.balasa.org.uk)

### British Blind Sport

Tel: 0192-642 4247

Email: [info@britishblindsport.org.uk](mailto:info@britishblindsport.org.uk)

Web: [www.britishblindsport.org.uk](http://www.britishblindsport.org.uk)

### Cerebral Palsy Sport England and Wales (CP Sport)

Tel: 0115-925 7027

Email: [info@cpsport.org](mailto:info@cpsport.org)

Web: [www.cpsport.org](http://www.cpsport.org)

### Dwarf Sports Association UK (DSAUK)

To make regular sporting opportunity accessible and enjoyable to anyone and everyone of restricted growth in the UK.

Tel: 0124-641 4238

Web: [www.dsauk.org](http://www.dsauk.org)

### Mencap Sport

Tel: 0192-423 4912

Email: [sport@mencap.org.uk](mailto:sport@mencap.org.uk)

Web: [www.mencap.org.uk](http://www.mencap.org.uk)

### Special Olympics Great Britain

Tel: 020-7247 8891

Email: [info@sogb.org.uk](mailto:info@sogb.org.uk)

Web: [www.sogb.org.uk](http://www.sogb.org.uk)

### UK Deaf Sport

Email: Via online enquiry form

Web: [www.ukdeafsport.org.uk](http://www.ukdeafsport.org.uk)

### WheelPower

Tel: 0129-639 5995

Email: [info@wheelpower.org.uk](mailto:info@wheelpower.org.uk)

Web: [www.wheelpower.org.uk](http://www.wheelpower.org.uk)

## UK-wide Disability Sport Organisations

### British Paralympic Association

Tel: 020-7842 5789

Web: [www.paralympics.org.uk](http://www.paralympics.org.uk)

### British Wheelchair Athletics Association (BWAA)

Tel: 0177-260 0988

Email: [barbarahoole@hotmail.com](mailto:barbarahoole@hotmail.com)

Web: [www.bwaa.co.uk](http://www.bwaa.co.uk)

### British Wheelchair Racing Association (BWRA)

Email: [i-thompson@hotmail.co.uk](mailto:i-thompson@hotmail.co.uk)

Web: [www.bwra.co.uk](http://www.bwra.co.uk)

### Parasport

The project will improve how talented sports people at community level are identified and supported, with the aim of increasing participation levels in competitive sporting events.

Tel: 020-7842 5777

Email: [info@parasport.org.uk](mailto:info@parasport.org.uk)

Web: [www.parasport.org.uk](http://www.parasport.org.uk)

### UK Sports Association for People with Learning Disability (UKSA)

Tel: 020-7490 3057

Email: [info@uksportassociation.org](mailto:info@uksportassociation.org)

Web: [www.uksportassociation.org](http://www.uksportassociation.org)

# Disability Contacts for the UK



## Home Nation Disability Sport Organisations

### England

#### Disability Sport Events

Tel: 0161-953 2499

Email: [info@dse.org.uk](mailto:info@dse.org.uk)

Web: [www.disabilitysport.org.uk](http://www.disabilitysport.org.uk)

#### English Federation of Disability Sport (EFDS)

Tel: 01509-22 7750

Email: [federation@efds.co.uk](mailto:federation@efds.co.uk)

Web: [www.efds.co.uk](http://www.efds.co.uk)

### Northern Ireland

#### Disability Sports NI

Tel: 0289-038 7062

Textphone: 0289-038 7064

Email: [email@dsni.co.uk](mailto:email@dsni.co.uk)

Web: [www.dsni.co.uk](http://www.dsni.co.uk)

### Scotland

#### Scottish Disability Sport

Tel: 0131-317 1130

Email: [admin@scottishdisabilitysport.com](mailto:admin@scottishdisabilitysport.com)

Web: [www.scottishdisabilitysport.com](http://www.scottishdisabilitysport.com)

### Wales

#### Disability Sport Wales

Tel: 0845-846 0021

Email: [office@fdsw.org.uk](mailto:office@fdsw.org.uk)

Web: [www.disabilitysportwales.org](http://www.disabilitysportwales.org)

## Home Nations Sports Councils

### Sport England

Tel: 0845-850 8508

Email: [info@sportengland.org](mailto:info@sportengland.org)

Web: [www.sportengland.org](http://www.sportengland.org)

### Sport Northern Ireland

Tel: 0289-038 1222

Email: [info@sportni.net](mailto:info@sportni.net)

Web: [www.sportni.net](http://www.sportni.net)

### sportscotland

Tel: 0141-534 6500

Email: [sportscotland.enquiries@sportscotland.org.uk](mailto:sportscotland.enquiries@sportscotland.org.uk)

Web: [www.sportscotland.org.uk](http://www.sportscotland.org.uk)

### Sport Wales

Tel: 0845-045 0904

Email: [info@sportwales.org.uk](mailto:info@sportwales.org.uk)

Web: [www.sportwales.org.uk](http://www.sportwales.org.uk)

## Disability Charities

### Action for Blind People

Tel: 020-7635 4800

Email: [helpline@rnib.org.uk](mailto:helpline@rnib.org.uk)

Web: [www.actionforblindpeople.org.uk](http://www.actionforblindpeople.org.uk)

### Arthritis Care

Tel: 020-7380 6500

Email: [info@arthritiscare.org.uk](mailto:info@arthritiscare.org.uk)

Web: [www.arthritiscare.org.uk](http://www.arthritiscare.org.uk)

### Association for Spina Bifida and Hydrocephalus (ASBAH)

Tel: 0845-450 7755

Email: [helpline@asbah.org](mailto:helpline@asbah.org)

Web: [www.asbah.org](http://www.asbah.org)

### Asthma UK

Tel: 020-7786 4900

Email: [info@asthma.org.uk](mailto:info@asthma.org.uk)

Web: [www.asthma.org.uk](http://www.asthma.org.uk)

### Back-up Trust

Tel: 020-8875 1805

Email: [admin@backuptrust.org.uk](mailto:admin@backuptrust.org.uk)

Web: [www.backuptrust.org.uk](http://www.backuptrust.org.uk)

### Centre for Accessible Environments

The leading authority and resource in the UK on inclusive design and access to the built environment for disabled and older people.

Tel: 020-7840 0125

Email: [info@cae.org.uk](mailto:info@cae.org.uk)

Web: [www.cae.org.uk](http://www.cae.org.uk)

# Disability Contacts for the UK



## **Diabetes UK**

Tel: 020-7424 1000  
Email: [info@diabetes.org.uk](mailto:info@diabetes.org.uk)  
Web: [www.diabetes.org.uk](http://www.diabetes.org.uk)

## **Down's Syndrome Association**

Tel: 0845-230 0372  
Email: [info@downs-syndrome.org.uk](mailto:info@downs-syndrome.org.uk)  
Web: [www.downs-syndrome.org.uk](http://www.downs-syndrome.org.uk)

## **Epilepsy Action**

Tel: 0113-210 8800  
Email: [epilepsy@epilepsy.org.uk](mailto:epilepsy@epilepsy.org.uk)  
Web: [www.epilepsy.org.uk](http://www.epilepsy.org.uk)

## **Guide Dogs**

Tel: 0118-983 5555  
Email: [guidedogs@guidedogs.org.uk](mailto:guidedogs@guidedogs.org.uk)  
Web: [www.guidedogs.org.uk](http://www.guidedogs.org.uk)

## **Headway – the brain injury association**

Tel: 0115-924 0800  
Email: [enquiries@headway.org.uk](mailto:enquiries@headway.org.uk)  
Web: [www.headway.org.uk](http://www.headway.org.uk)

## **Leonard Cheshire Disability**

Tel: 020-3242 0200  
Email: [info@LCDisability.org](mailto:info@LCDisability.org)  
Web: [www.lcdisability.org](http://www.lcdisability.org)

## **The Makaton Charity**

Tel: 0127-660 6760  
Email: [info@makaton.org](mailto:info@makaton.org)  
Web: [www.makaton.org](http://www.makaton.org)

## **Mencap**

Tel: 020-7454 0454  
Email: [information@mencap.org.uk](mailto:information@mencap.org.uk)  
Web: [www.mencap.org.uk](http://www.mencap.org.uk)

## **National Autistic Society**

Tel: 020-7833 2299  
Email: [nas@nas.org.uk](mailto:nas@nas.org.uk)  
Web: [www.autism.org.uk](http://www.autism.org.uk)

## **Physically Handicapped and Able Bodied (Phab)**

Tel: 020-8667 9443  
Email: [info@phab.org.uk](mailto:info@phab.org.uk)  
Web: [www.phabengland.org.uk](http://www.phabengland.org.uk)

## **People First**

Run by and for people with learning difficulties to campaign for the rights of people with learning difficulties and support self-advocacy groups across the country.  
Tel: 020-7820 6655  
Email: [general@peoplefirsttd.com](mailto:general@peoplefirsttd.com)  
Web: [www.peoplefirsttd.com](http://www.peoplefirsttd.com)

## **RADAR**

UK's largest disability campaigning organisation.  
Tel: 020-7250 3222  
Minicom: 020-7250 4119  
Email: [radar@radar.org.uk](mailto:radar@radar.org.uk)  
Web: [www.radar.org.uk](http://www.radar.org.uk)

## **Royal National Institute of Blind People (RNIB)**

Tel: 020-7388 1266  
Email: [helpline@rnib.org.uk](mailto:helpline@rnib.org.uk)  
Web: [www.rnib.org.uk](http://www.rnib.org.uk)

## **Royal National Institute of Deaf People (RNID)**

Tel: 020-7296 8000  
Textphone: 020-7296 8001  
Email: [informationline@rnid.org.uk](mailto:informationline@rnid.org.uk)  
Web: [www.rnid.org.uk](http://www.rnid.org.uk)

## **Scope**

Tel: 020-7619 7100  
Email: [response@scope.org.uk](mailto:response@scope.org.uk)  
Web: [www.scope.org.uk](http://www.scope.org.uk)

## **SHAW Trust**

Works with employers, social services and the disabled to help people with disabilities find employment.  
Tel: 0122-571 6300  
Minicom: 0845-769 7288  
Email: Via online enquiry form  
Web: [www.shaw-trust.org.uk](http://www.shaw-trust.org.uk)

## **Signature**

Tel: 0191-383 1155  
Textphone: 0191-383 7915  
Email: [durham@signature.org.uk](mailto:durham@signature.org.uk)  
Web: [www.signature.org.uk](http://www.signature.org.uk)

## **Spinal Injuries Association (SIA)**

Tel: 0845-678 6633  
Email: [sia@spinal.co.uk](mailto:sia@spinal.co.uk)  
Web: [www.spinal.co.uk](http://www.spinal.co.uk)

# Disability Contacts for the UK



## **Stroke Association**

Tel: 020-7566 0300  
Textphone: 020-7251 9046  
Email: [info@stroke.org.uk](mailto:info@stroke.org.uk)  
Web: [www.stroke.org.uk](http://www.stroke.org.uk)

## **The National Deaf Children's Society**

Tel: 020-7490 8656  
Text: 020-7490 8656  
Email: [ndcs@ndcs.org.uk](mailto:ndcs@ndcs.org.uk)  
Web: [www.ndcs.org.uk](http://www.ndcs.org.uk)

## **Whizz-Kidz**

Tel: 020-7233 6600  
Email: [info@whizz-kidz.org.uk](mailto:info@whizz-kidz.org.uk)  
Web: [www.whizz-kidz.org.uk](http://www.whizz-kidz.org.uk)

## **Northern Ireland**

### **Disability Action**

Represent the views of our 180 member groups, working to bring about positive change to the social, economic and cultural life of people with disabilities and consequently to our entire community.  
Tel: 0289-029 7880  
Textphone: 0289-029 7882  
Email: [hq@disabilityaction.org](mailto:hq@disabilityaction.org)  
Web: [www.disabilityaction.org](http://www.disabilityaction.org)

## **Scotland**

### **Alzheimer Scotland**

Tel: 0131-243 1453  
Email: [Alzheimer@alzscot.org](mailto:Alzheimer@alzscot.org)  
Web: [alzscot.org](http://alzscot.org)

### **Capability Scotland**

Tel: 0131-337 9876  
Textphone: 0131-346 2529  
Email: [Christina.mackay@capability-scotland.org.uk](mailto:Christina.mackay@capability-scotland.org.uk)  
Web: [www.capability-scotland.org.uk](http://www.capability-scotland.org.uk)

### **The Community Health Exchange (CHEX)**

Tel: 0141-248 1990  
Email: [tom@scdc.org.uk](mailto:tom@scdc.org.uk)  
Web: [www.chex.org.uk](http://www.chex.org.uk)

## **Deaf Action**

Tel: 0131-556 3128  
Textphone: 0131-557 0419  
Email: [admin@deafaction.org](mailto:admin@deafaction.org)  
Web: [www.deafaction.org](http://www.deafaction.org)

## **Deaf Connections**

Tel: 0141-420 1759  
Email: [enquiries@deafconnections.co.uk](mailto:enquiries@deafconnections.co.uk)  
Web: [www.deafconnections.co.uk](http://www.deafconnections.co.uk)

## **Deafblind Scotland**

Tel: 0141-777 6111  
Textphone: 0141-777 6111  
Email: [info@deafblindscotland.org.uk](mailto:info@deafblindscotland.org.uk)  
Web: [www.deafblindscotland.org.uk](http://www.deafblindscotland.org.uk)

## **Epilepsy Connections**

Tel: 0141-248 4125  
Email: [info@epilepsyconnections.org.uk](mailto:info@epilepsyconnections.org.uk)  
Web: [www.epilepsyconnections.org.uk](http://www.epilepsyconnections.org.uk)

## **Epilepsy Scotland**

Tel: 0141-427 4911  
Email: [enquiries@epilepsyscotland.org.uk](mailto:enquiries@epilepsyscotland.org.uk)  
Web: [www.epilepsyscotland.org.uk](http://www.epilepsyscotland.org.uk)

## **Glasgow Centre for Independent Living**

Tel: 0141-550 4455  
Textphone: 0141-554 6482  
Email: [gci@gcil.org.uk](mailto:gci@gcil.org.uk)  
Web: [www.gcil.org.uk](http://www.gcil.org.uk)

## **Inclusion Scotland**

Tel: 0141-887 7058  
Email: [info@inclusionscotland.org](mailto:info@inclusionscotland.org)  
Web: [www.inclusionscotland.org](http://www.inclusionscotland.org)

## **PAMIS**

The organisation in Scotland working with people with profound and multiple learning disabilities, their family carers and professionals who support them.  
Tel: 0138-238 5154  
Email: [pamis@dundee.ac.uk](mailto:pamis@dundee.ac.uk)  
Web: [www.dundee.ac.uk/pamis](http://www.dundee.ac.uk/pamis)

## **Scottish Accessible Information Forum**

Phone: 0141-226 5261  
Textphone: 0141-226 8459  
Email: [info@saifscotland.org.uk](mailto:info@saifscotland.org.uk)

# Disability Contacts for the UK



## Scottish Association for Mental Health (SAMH)

Tel: 0141-568 7000  
Email: [enquire@samh.org.uk](mailto:enquire@samh.org.uk)  
Web: [www.samh.org.uk](http://www.samh.org.uk)

## Scottish Consortium for Learning Disability

Tel: 0141-418 3939  
Email: [administrator@scld.org.uk](mailto:administrator@scld.org.uk)  
Web: [www.scld.org.uk](http://www.scld.org.uk)

## Scottish Disability Equality Forum

Tel: 0178-644 6456  
Email: [general@sdef.org.uk](mailto:general@sdef.org.uk)  
Web: [www.sdef.org.uk](http://www.sdef.org.uk)

## Wales

### Learning Disability Wales

Tel: 0292-068 1160  
Email: Via online enquiry form  
Web: [www.learningdisabilitywales.org.uk](http://www.learningdisabilitywales.org.uk)

### Wales Council for Deaf People

Tel: 0144-348 5687  
Textphone: 0144-348 5686  
Email: [mail@wcdeaf.org.uk](mailto:mail@wcdeaf.org.uk)  
Web: [www.wcdeaf.org.uk](http://www.wcdeaf.org.uk)

### Wales Council for the Blind

Tel: 0292-047 3954  
Email: [staff@wcb-ccd.org.uk](mailto:staff@wcb-ccd.org.uk)  
Web: [www.wcb-ccd.org.uk](http://www.wcb-ccd.org.uk)

## International Organisations

### International Paralympic Committee (IPC)

The IPC is committed to enabling Paralympic athletes to achieve sporting excellence and to developing sport opportunities for all persons with a disability from the beginner to elite level.

Tel: +49 228-2097 200  
Email: [info@paralympic.org](mailto:info@paralympic.org)  
Web: [www.paralympic.org](http://www.paralympic.org)

## Further Useful Links

### afPE

[www.afpe.org.uk](http://www.afpe.org.uk)

### Child Protection in Sport Unit (CPSU)

Tel: 0116-234 7278  
Email: [cpsu@nspcc.org.uk](mailto:cpsu@nspcc.org.uk)  
Web: [www.thecpsu.org.uk](http://www.thecpsu.org.uk)

### Direct.gov

This section of the site covers all issues relating to disability and public services.  
Web: [www.direct.gov.uk/en/DisabledPeople/index.htm](http://www.direct.gov.uk/en/DisabledPeople/index.htm)

### Equality and Human Rights Commission

[www.equalityhumanrights.com](http://www.equalityhumanrights.com)

### Scottish Nutrition and Diet Resources Initiative

Tel: 0141-331 8479  
Email: [sndri@gcal.ac.uk](mailto:sndri@gcal.ac.uk)  
Web: [www.gcu.ac.uk/sndri](http://www.gcu.ac.uk/sndri)

### Special Needs Information Press (SNIP)

A 12-page monthly newsletter produced by two special education needs teachers. It aims to support staff in schools to identify and address the diverse needs of pupils, in order to promote their learning and school success.

Email: [editor@snip-newsletter.co.uk](mailto:editor@snip-newsletter.co.uk)  
Web: [www.snip-newsletter.co.uk](http://www.snip-newsletter.co.uk)

### Royal College of Speech and Language Therapists

Tel: 020-7373 8120  
Email: [info@rcslt.org](mailto:info@rcslt.org)  
Web: [www.rcslt.org](http://www.rcslt.org)

