

### Medical Advice Slip

*Listen to your medical staff and capture what they say. Better still, ask them to write it down for you.*

Athlete name:

Injury and date sustained:

Current phase/goal of rehabilitation:

Medical staff:

Date:

Date of any follow up:

### Medical Advice Slip

*Listen to your medical staff and capture what they say. Better still, ask them to write it down for you.*

Athlete name:

Injury and date sustained:

Current phase/goal of rehabilitation:

Medical staff:

Date:

Date of any follow up:

### Medical Advice Slip

*Listen to your medical staff and capture what they say. Better still, ask them to write it down for you.*

Athlete name:

Injury and date sustained:

Current phase/goal of rehabilitation:

Medical staff:

Date:

Date of any follow up:

### Medical Advice Slip

*Listen to your medical staff and capture what they say. Better still, ask them to write it down for you.*

Athlete name:

Injury and date sustained:

Current phase/goal of rehabilitation:

Medical staff:

Date:

Date of any follow up: