

Applied Coaching Research Conference 2020: Maximising Potential through Coaching



UK Coaching is returning to Derby County Football Club on Wednesday 26 February 2020 to host the third Applied Coaching Research Conference.

Research is essential to inform the ongoing development of coaching policy and practice. The aim of the conference is to bridge the gap between research and practice by enabling researchers and practitioners to come together to learn, share and collaborate. The conference provides the opportunity for individuals to share findings from on-going research projects, learn about the latest developments in coaching, and discover new and innovative ways to conduct research.

Conference Theme

Our theme is **Maximising Potential through Coaching**. The conference will present the latest innovations in coaching research and practice and explore how coaching can be used to maximise the potential of people in sport and physical activity. We are particularly interested in receiving submissions that have clear practical applications and consider how we can:

- **Diversify the coaching workforce** by encouraging and supporting underrepresented groups such as women, low socioeconomic groups and those with long-term conditions to get involved and stay involved in coaching.
- **Build positive relationships** with others including participants, coaches, parents and support staff to nurture cooperative and productive teams and partnerships.
- **Develop great coaching** via innovative and connected learning approaches, enabling participants, coaches and coach developers to be the best they can be and in turn, positively impact their mental health and well-being.

The 2020 Applied Research Conference will explore these themes from a sector, coaching workforce, participant and wider support role/network perspective.

Who is the conference for?

The conference is for anyone involved or interested in research including: coaching system professionals and policy makers; coaches and coach developers; students, researchers and academics.

Call for submissions

We invite submissions from individuals who would like to present their research at the conference in February 2020. We also welcome submissions from anyone who has captured fascinating insight from a project or programme. There will be an opportunity to present in discovery style sessions and/or share your work as a poster during the three-minute challenge. Submissions need to demonstrate how your work fits into the themes identified above along with the practical application of your work.

Discovery sessions

We would like sessions to be delivered in one of two styles to provide delegates with the opportunity to experience research, develop knowledge and feel challenged:

1. 'How to' sessions

'How to' sessions will provide delegates with practical skills, creative insights and take-home tools on a particular research topic or research methodology. 'How to' sessions should be hands on, providing delegates with an active opportunity to learn and develop new knowledge. Delegates should leave the session with take home materials to apply in practice, such as a framework, new technique or top tips.

2. Research showcase

Research showcase sessions will demonstrate research and its application to the real world. These sessions will showcase research projects taking place in the field and the lessons learned in practice. Sessions should demonstrate the 'so what' factor (ie the practical applications of the research within coaching and the impact of the work for policy and practice).

Each discovery session will last 40 minutes (including five minutes for questions) and may involve a maximum of two presenters (depending on the nature of the research). If you wish to involve more than two presenters, please get in touch to discuss this option.

Please note: only one presenter in each discovery session will be able to attend the conference free of charge. Additional presenters will be offered a discounted delegate rate.

Three-minute poster challenge

Why not share your insight via a poster and take part in our three-minute challenge? Each presenter will have three minutes to deliver an 'elevator speech' alongside their poster. Presenters will be expected to address the 'so what' factor within their speech (ie the implications of the work for policy and practice) and there will be an opportunity for questions following the challenge. Posters will be visible all day for delegates to view, so they should be self-explanatory, visually stimulating in design and convey clear aims and outcomes. On acceptance, presenters will be provided with guidelines on how to prepare a simple, easy-to-read and well-illustrated A1 poster.

Please note: poster presenters will be offered a discounted delegate rate rather than a free place unless they are also delivering a discovery session.

Timelines

Presenters are advised to make themselves aware of the following deadlines:

Submissions open	Monday 17 June
Deadline for submissions	Sunday 8 September
Notification of submission outcomes	Monday 30 September

Submission guidelines

The following guidance is provided for those wishing to submit a proposal to the 2020 Applied Coaching Research Conference.

- As part of your submission, you will be asked to provide a short summary of your **research**, which will inform delegates about your work (100 words max).
- To assist the reviewers with assessing your submission, you will also be required to provide the following:
 - Background- purpose/objectives of your **research** (100 words max)
 - Relevance- how your **research** links to the chosen theme (100 words max)
 - Outcomes- anticipated key learning outcomes of the **research/session** that delegates should take away including lessons learned, the 'so what' factor and next steps. Please outline specific ways in which your **research** will make a difference to coaching (100 words max)
 - For discovery sessions, you will also be required to indicate the **purpose** and **relevance** of your **session**, how the session will be delivered and method(s) of participant involvement
- The deadline for submissions is midnight on Sunday 8 September
- You can submit your discovery session and/or poster presentation via:
https://www.surveymonkey.co.uk/r/UKCoaching_ResearchConference2020
- Each submission will be reviewed by two reviewers
- Acceptance decisions will be provided by Monday 30 September
- All presenters will need to confirm attendance at the conference by 5pm on Friday 4 October

If after reading this guidance, you have any questions about the submission process or you would like to discuss your ideas for a session, please email researchteam@ukcoaching.org