

# Code of Conduct for Coaches and Officials

We believe that it is important that all members, coaches, volunteers, and parents or carers associated with the organisation are accountable for their own actions and are fully aware of the behaviour our organisation expects from them. This code of conduct sets out those expectations.

As a coach, volunteer or official in our activity, we expect you to:

- ✓ Follow all guidelines, policies and procedures of our organisation and our NGB/sports organisation.
- ✓ Respect and champion the rights of every individual to participate in physical activity and sport.
- ✓ Maintain appropriate boundaries and relationships with all participants (irrespective of age) and their parents or carers.
- ✓ Lead by example when it comes to positive behaviour. Be a role model!
- ✓ Encourage positive sportspersonship.
- ✓ Only coach within your qualification.
- ✓ Promote a balanced lifestyle, supporting the well-being of participants in and out of physical activity or sport.
- ✓ Behave respectfully towards other coaches and officials, participants and parents or carers using appropriate language.
- ✓ Maintain an environment free of fear and harassment.
- ✓ Do not allow any form of discrimination to go unchallenged.
- ✓ Promote good coaching practice in others and challenge any poor practice you observe.
- ✓ Communicate with and provide feedback to participants in a way that reflects respect and care.
- ✓ Ensure that physical contact is appropriate and necessary and is carried out within recommended guidelines and with the participant's full consent and approval.
- ✓ Carry out a risk assessment of the activity and ensure you have the appropriate coach-to-participant ratio before beginning coaching.

- ✓ Wear appropriate and professional clothing/uniforms (including hair, jewellery, and nails). Safety is paramount: anything considered a safety hazard should be removed.
- ✓ Not smoke, take recreational drugs or consume alcohol before or during coaching.
- ✓ Use appropriate means of communicating with participants (and their parents or carers) ensuring you follow our communication policy.
- ✓ Use social media responsibly, for example when discussing events or occurrences in sessions.
- ✓ Ensure equipment (including any individual protective equipment) is fit for purpose, safe to use and accessible.
- ✓ Keep your qualifications and training up to date.
- ✓ Notify us of any change of circumstance.
- ✓ Let us know as soon as possible if you are unable to attend your training sessions, events or competitions.
- ✓ Speak out when something isn't right. Follow the reporting procedures if you have a concern.
- ✓ Be supportive and kind!

We will ensure that:

- You are respected, treated fairly, listened to, and involved in decision making.
- You are supported in your role with training, mentoring, and conflict resolution with participants (and their parents or carers).
- Have access to and understand all our policies and procedures.
- You feel welcome and valued.

### **Breach of the Code of Conduct**

Behaviour that breaches or falls below our expectations set out in the code of conduct will be addressed immediately and disciplinary action may be taken in line with our Disciplinary Policy.

**Name:**

**Sign:**

**Date:**